



Can Upper and Lower Eyelid Surgery Be Done Together ?

Blepharoplasty (Eyelid Surgery) – Everything You Need to Know!

What Is Blepharoplasty(Eyelid Surgery)?

Blepharoplasty is an aesthetic and functional eyelid surgery that increases the vitality of the eye region by repairing sagging skin, root and skin lines. It can be done on the upper eyelid crest, lower eyelid or both as per the requirement of the patient.

Types of Blepharoplasty

The different types of blepharoplasty are:

Upper Eyelid Surgery – Focuses on removing the skin and fat of the eyelids that may affect your vision and gives your eye a refreshed look.

Lower eyelid surgery – Addresses bags and puffy areas under your eyes by removing or moving around fat and tightening skin.

When performed simultaneously, these two procedures make for a full eye rejuvenation.

Who Is a Good Candidate for Blepharoplasty?

You may be a good candidate for **Blepharoplasty surgery in Delhi** if you:

- ✓ Have droopy or sagging upper eyelids that affect your vision.
- ✓ Experience puffiness or under-eye bags.
- ✓ Want a refreshed and youthful appearance.
- ✓ Are in good overall health with no serious eye conditions.

Benefits of Upper and Lower Eyelid Surgery

The benefits of getting upper and lower [eyelid surgery](#) are:

- ✓ **Improved Vision** – Lifting droopy eyelids can enhance peripheral vision.
- ✓ **Youthful Look** – Reduces signs of aging by tightening the skin around the eyes.
- ✓ **Eliminates Under-Eye Bags** – Removes excess fat and puffiness from the lower eyelids.
- ✓ **Minimal Scarring** – Incisions are carefully placed to be virtually invisible.
- ✓ **Long-Lasting Results** – The effects of **upper eyelid and lower eyelid surgery** can last many years.

The Blepharoplasty Procedure – Step by Step

The steps that are followed during a blepharoplasty procedure are:

- **Step 1: Consultation with the Best Eyelid Surgeon in Delhi**

During the consultation, the surgeon will assess your eye structure, discuss your goals, and determine if **upper eyelid and lower eyelid surgery** is right for you.

- **Step 2: Preparing for Surgery**

Patients may need to stop smoking, avoid certain medications, and follow pre-surgery guidelines for optimal healing.

- **Step 3: Anesthesia Administration**

The procedure is performed under **local anesthesia with sedation** or **general anesthesia**, depending on the complexity.

- **Step 4: Surgical Incisions**

Upper Eyelid Surgery – An incision is made along the natural eyelid crease to remove excess skin and fat.

Lower Eyelid Surgery – The incision is placed just below the lash line or inside the eyelid to correct under-eye bags.

- **Step 5: Fat Removal & Skin Tightening**

Excess skin and fat are removed, and the remaining tissue is repositioned to achieve a smooth and youthful look.

- **Step 6: Closing the Incisions**

The incisions are closed with fine sutures to ensure minimal scarring.

- **Recovery and Aftercare for Blepharoplasty**

Recovery from **Blepharoplasty surgery in Delhi** is relatively quick, with most patients returning to normal activities within **7–10 days**.

- **Post-Surgery Care Tips**

Some post-surgery care tips that you can follow are:

- ✓ Apply **cold compresses** to reduce swelling and bruising.
- ✓ Keep your **head elevated** while sleeping for the first few days.
- ✓ Use prescribed **eye drops or ointments** to keep the eyes moisturized.
- ✓ Avoid **heavy lifting and strenuous activities** for at least 2 weeks.
- ✓ Wear **sunglasses** to protect your eyes from sun exposure.

- **How Long Do Results Last?**

The results of **upper eyelid and lower eyelid surgery** can last **10–15 years**, depending on lifestyle and aging factors.

If you're looking for **Blepharoplasty surgery in Delhi**, **Divine Cosmetic Surgery** offers world-class treatment with expert precision.

Why Choose Divine Cosmetic Surgery?

- Here are some of the major reasons you should choose to get a blepharoplasty from Divine Cosmetic Surgery.
- ✓ **Best Eyelid Surgeon in Delhi** – Led by Dr. Amit Gupta, a highly experienced cosmetic surgeon.
- ✓ **State-of-the-Art Facility** – Advanced techniques ensure **safe and natural results**.
- ✓ **Personalized Approach** – Every procedure is customized to match the patient's needs.
- ✓ **Comprehensive Aftercare** – Dedicated support throughout the recovery period.

Whether you need **upper eyelid and lower eyelid surgery** for aesthetic or functional reasons, **Divine Cosmetic Surgery** ensures outstanding results.

